

Minds N Motion - Daily Schedule

6:30 AM	Arrival
7:00 AM- 8:15 AM	Breakfast
8:15 AM - 8:30 AM	Bathroom/Wash Hands + Face
8:30 AM - 9:00 AM	Free Play
9:00 AM - 9:15 AM	Circle Time
9:15 AM - 9:35 AM	Centers
9:35 AM - 10:00 AM	Story + Activity
10:00 AM - 10:30 AM	Bathroom/ Wash Hands + Face/Snack
10:30 AM - 11:30 AM	Outside (weather permitting)
11:30 AM - 11:45 AM	Music & Movement
11:45 AM - 12:00 PM	Bathroom/Wash Hands + Face
12:00 PM - 12:45 PM	Lunch
12:45 PM- 1:00 PM	Relax/Unwind
1:00 PM - 3:00 PM	Nap/Quiet Time
3:00 PM - 3:30 PM	Bathroom/Wash Hands + Face/ Snack
3:30 PM - 5:00 PM	Free Play/ Outside (weather permitting)
5:00 PM	Pick Up